



AGEING BETTER IN BIRMINGHAM

Birmingham has won Big Lottery funding of £6million to help make the city a place where older people are valued, supported and have a continuing contribution to make.

Over the next six months The Sweet Project will be supporting this by becoming a mini hub to promote, develop and support the Ageing Better Networks and related activities.

The main aim of the initiative is to reduce isolation by changing, improving and supporting services for local people at a neighbourhood level.

The first step is to gather expressions of interest from anyone who would like to get involved in setting up Ageing Better Networks to develop and shape services and activities for the older population.

The Ageing Better Networks are groups of people who will help stay in touch with and look out for older people in their area. They offer simple, practical local support and involvement opportunities for older people. This might be as simple as just stopping by to make a cup of tea and have a chat, helping with the shopping or changing the occasional light bulb. Ageing Better Networks can work with older people in their area to help start entirely new activities or services that older people want but currently have no access to. The project can help with modest financial support for these new activities.

We would love to hear from anyone interested in becoming involved and they can do so by completing a form which can be obtained by telephoning Deb Groves on 0121 458 2270.